FALL FACTORS:
Understanding & Preventing Slips, Trips & Falls
REVIEW QUIZ

Name___________________________________Date_________________________________

The following questions are provided to check how well you understand the information presented during this program.

1. Falls are the ____________ leading cause of on-the-job fatalities.
   a. first
   b. second
   c. third

2. When standing normally, our center of gravity is located ____________.
   a. between our feet
   b. near our upper back
   c. near our lower back

3. The simple act of walking is really just the repetitive act of controlled falling.
   a. true
   b. false

4. At which rate does gravity accelerate objects toward the ground?
   a. 8 feet per second squared
   b. 16 feet per second squared
   c. 32 feet per second squared

5. When walking across slippery areas, using a wider stance and pointing your feet slightly ________ can help you remain balanced.
   a. inward
   b. outward

6. Most slips occur due to the lack of friction between the walking surface and the heel of your shoe.
   a. true
   b. false

7. You should only use stairwells for storage when you plan to remove the stored items before your shift ends.
   a. true
   b. false

8. Running at work is not considered an unsafe act.
   a. true
   b. false
ANSWERS TO THE REVIEW QUESTIONS

1. b
2. c
3. a
4. c
5. b
6. a
7. b
8. b