

**PRINCIPLES TO PRACTICE**  
**with David Lynn, CSP**  
***REVIEW QUIZ***

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_

*The following questions are provided to check how well you understand the information presented during this program.*

1. What is the number one principle in OSHA's Voluntary Protection Program?
  - a. Management Commitment
  - b. Employee Involvement
  - c. Worksite Analysis
  
2. What was David's son's response when asked how he did on his test at school?
  - a. Okay
  - b. Great
  - c. Awesome
  
3. David says that there are a high percentage of people injured on the job during the first \_\_\_\_\_ days of employment.
  - a. 60
  - b. 100
  - c. 150
  
4. Which technique of workplace analysis is reactive rather than proactive?
  - a. Audits
  - b. Annual Assessments
  - c. Incident Investigations
  
5. It is important to have policies and procedures that are concise and to the point.
  - a. true
  - b. false
  
6. What are sometimes referred to as the "10 commandments of safety" put in place that everyone is supposed to know and follow?
  - a. pre-task plans
  - b. policies and procedures
  - c. site rules
  
7. It typically takes hearing something three times before you remember it.
  - a. true
  - b. false
  
8. According to David, leadership is all about \_\_\_\_\_.
  - a. influence
  - b. discipline
  - c. respect
  
9. How long does David say it takes to create a habit?
  - a. 7 days
  - b. 14 days
  - c. 21 days

***ANSWERS TO THE REVIEW QUESTIONS***

1. a

2. a

3. a

4. c

5. a

6. c

7. b

8. a

9. c