

**BREATHE SAFELY:**  
***The Proper Use of Respiratory Protection (Concise)***  
**REVIEW QUIZ**

Name \_\_\_\_\_ Date \_\_\_\_\_

*Please provide answers to the following to show how well you understand the information presented during this program.*

1. A respirator fit test must be performed at least \_\_\_\_\_ while you are in the respiratory program.
  - a. Once every six months
  - b. Once every year
  - c. Once every three years
  
2. A full-face respirator has an assigned protection factor of \_\_\_\_\_.
  - a. 10
  - b. 25
  - c. 50
  
3. \_\_\_\_\_ particulate respirators are NOT resistant to oil.
  - a. N-Series
  - b. R-Series
  - c. P-Series
  
4. P-Series respirators have a recommended service life of \_\_\_\_\_ or one month.
  - a. 25 hours
  - b. 40 hours
  - c. 100 hours
  
5. Only dust masks that are approved by NIOSH should be worn when working around gases and vapors.
  - a. True
  - b. False
  
6. \_\_\_\_\_ has occurred when sorbent material in a respirator cartridge has become overly saturated and allows gas and vapors to enter the face mask.
  - a. Blow through
  - b. Bleed through
  - c. Break through
  
7. For adequate protection in an IDLH atmosphere, a self-contained breathing apparatus (SCBA) or supplied-air respirator (SAR) is required.
  - a. True
  - b. False
  
8. Which type of user seal check involves placing the palm of your hand over the exhalation valve of the respirator and lightly breathing out into the face mask?
  - a. A positive pressure test
  - b. A negative pressure test
  
9. Respirators shared among co-workers should be cleaned and disinfected \_\_\_\_\_.
  - a. Daily
  - b. Weekly
  - c. After each individual's use

***ANSWERS TO THE REVIEW QUESTIONS***

1. b

2. c

3. a

4. b

5. b

6. c

7. a

8. a

9. c